

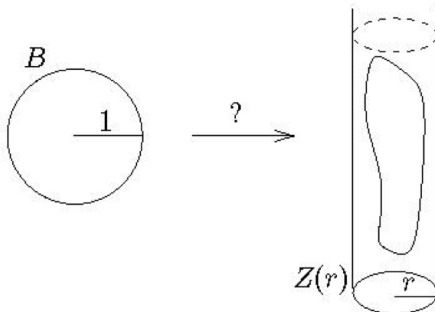
Nonsqueezing Theorem and Symplectic Capacities

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1 Nonsqueezing Theorem

We are interested in symplectic embedding so what is symplectic embedding? Recall that an **embedding** is an immersion which is a homeomorphism onto its image. A **symplectic embedding** is an embedding that preserves the symplectic structures, i.e. $\phi : (M, \omega) \rightarrow (M', \omega')$ is a symplectic embedding if and only if $\phi : M \rightarrow M'$ is an embedding and $\phi^*(\omega') = \omega$.



Theorem 1.1 (Nonsqueezing theorem). *If there is a symplectic embedding*

$$B^{2n}(r) \hookrightarrow Z^{2n}(R),$$

then

$$r \leq R$$

where $Z^{2n} = B^2 \times \mathbb{R}^{2n-2}$.

Proof. (sketch) We are interested in proving this for dimension 4, which can be generalized in higher dimension. Suppose that there is a symplectic embedding

$$\phi : B^4(1) \rightarrow Z^4(r) = D^2(r) \times \mathbb{R}^2.$$

Then we need to show that $r \geq 1$. Equivalently, by slightly increasing r , we may suppose that the image of the ball lies inside the cylinder, and then we need to show that $r > 1$. We need the following ingredients:

Slicing cylinders: Let $(Z(r), \omega_0)$ be the cylinder in (\mathbb{R}^4, ω_0) , and let J be any ω_0 -tame almost complex structure (tame means $\omega_0(u, Ju) \neq 0, \forall u \neq 0$) on $Z(r)$ that equals the usual structure outside a compact

subset of the interior of $Z(r)$. Then there is a J -holomorphic disc $f : (D^2, \partial D^2) \rightarrow (Z(r), \partial Z)$ of symplectic area πr^2 through every point of $Z(r)$.

Minimal surfaces We say $f : \Sigma \rightarrow (M, J)$ is J -holomorphic if it satisfies $\frac{\partial f}{\partial x} + J \frac{\partial f}{\partial y} = 0$. We think of J -holomorphic curves as minimal surfaces because the area of $f(\Sigma)$ with respect to the associated metric g_J equals its symplectic area. Since the symplectic area of a surface is invariant under deformations of the surface that fix its boundary, the metric area can only increase under such deformations, so J -holomorphic curves is so-called g_J -minimal surfaces.

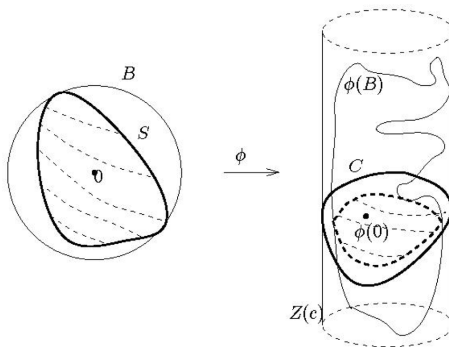
Let g_0 be the usual Euclidean metric on \mathbb{R}^4 . Suppose that S is a g_0 minimal surface in the ball B of radius 1 that goes through the center of the ball and has the property that its boundary lies on the surfaces of the ball. Then *the g_0 -area of S is $\geq \pi$* . Note that the g_0 -minimal surface of least area that goes through the center of a unit ball is a flat disc of area π .

We shall prove $r > 1$ by using J -holomorphic slices as described above, but where J is chosen very carefully. In order to make the slicing arguments work, we need our J to equal the standard Euclidean structure J_0 near the boundary of $Z(r)$ and also outside a compact subset of $Z(r)$. But because the image $\phi(B)$ of the ball is strictly inside the cylinder, we can also make J equal to any specified ω_0 -tame almost complex structure on $\phi(B)$. In particular, we may assume that J equals the pushforward of the standard structure $\phi_*(J_0)$ on $\phi(B)$, i.e., inside the embedded ball J is "standard".

Then, the statement above about slicing cylinders says that there is a J -holomorphic disc

$$f : D^2 \rightarrow Z(r), f(0) = \phi(0),$$

that goes through the image $\phi(0)$ of the center of the ball and also has boundary on the boundary of the cylinder. Further, the symplectic area of the slice $C = f(D^2)$ is πr^2 .



Now consider the intersection $C_B := C \cap \phi(B)$ of the slice with the embedded ball $\phi(B)$. By construction, this goes through the image $\phi(0)$ of the center 0 of the ball B . We now look at this situation from the vantage point of the original ball B . Consider the inverse image $S := \phi^{-1}(C_B)$. The rest of our argument involves understanding the properties of this curve S in B .

S is holomorphic with respect to the usual complex structure J_0 on $\mathbb{R}^4 = \mathbb{C}^2$. This follows from our choice of J : by construction, J equals the pushforward of J_0 on the image of $\phi(B)$ of the ball, and so,

48 because C_B lies in $\phi(B)$ and is J -holomorphic, it pulls back to a curve S that is holomorphic with respect
 49 to the pullback structure J_0 .

50
 51 This means that S is a minimal surface with respect to the standard metric g_0 on \mathbb{R}^4 associated to
 52 ω_0 and J_0 . So the area of S with respect to g_0 is at least π . Since S is holomorphic, this metric area is
 53 the same as its symplectic area $\omega_0(S)$. Since ϕ preserves ω_0 , this equals the ω_0 -area of the image curve
 54 $\phi(S) = C_B$.

55
 56 By construction, C_B is just part of the J -holomorphic slice C through $\phi(0)$. It follows that C_B has
 57 strictly smaller ω_0 -area than C . But our basic theorem about slices say that $\omega_0(C) = \pi r^2$. Putting this
 58 all together, we have the following:

$$\pi \leq g_0\text{-area } S = \omega_0\text{-area } S = \omega_0\text{-area } \phi(S) < \omega_0\text{-area } C = \pi r^2.$$

59 Thus, $\pi < \pi r^2$ so $r > 1$. □

60 **Remark 1.2.** There is no analogue of this result when the splitting $\mathbb{R}^{2n} = \mathbb{R}^2 \times \mathbb{R}^{2n-2}$ is not symplectic.
 61 For example consider the Lagrangian splitting $\mathbb{R}^{2n} = \mathbb{R}^n \times \mathbb{R}^n$. Then for every $\delta < 0$, the map $(x, y) \rightarrow$
 62 $(\delta x, \delta^{-1}y)$ is a symplectic embedding of $B^{2n}(1)$ into $B^n(\delta) \times \mathbb{R}^n$.

63 **Remark 1.3.** Recently, this theorem has been extended Lalonde and McDuff to arbitrary symplectic
 64 manifold (M, ω) of dimension $2n$. If there is a symplectic embedding

$$B^{2n+2}(r) \hookrightarrow B^2(R) \times M$$

65 then $r \leq R$.

66 **Example 1.4.** Polterovich observed that, given any r , once can construct a symplectic embedding

$$B^{2n+2}(r) \hookrightarrow \mathbb{T}^2(1) \times \mathbb{R}^{2n}$$

67 in the following way. Find a linear Lagrangian subspace L of $\mathbb{R}^2 \times \mathbb{R}^{2n}$ whose ϵ -neighbourhood L_ϵ projects
 68 injectively onto $\mathbb{R}^2/\mathbb{Z}^2 \times \mathbb{R}^{2n} = \mathbb{T}^2(1) \times \mathbb{R}^{2n}$. Then consider a composite map

$$B^{2n+2}(r) \hookrightarrow L_\epsilon \hookrightarrow \mathbb{T}^2(1) \times \mathbb{R}^{2n}.$$

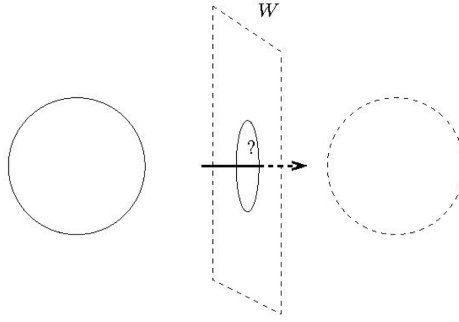
69 **Symplectic Camel Principle:** [Due to Gromov] It is impossible to move a ball of radius ≥ 1 symplec-
 70 tically from one side of the wall W to the other. The wall with a hole removed is given by

$$W = \{(x_1, x_2, x_3, x_4) \in \mathbb{R}^4 : x_1 = 0, x_2^2 + x_3^2 + x_4^2 \geq 1\}.$$

71 But for volume preserving, you can by imaging it in 3-dimensional case and a sufficiently flexible ballon
 72 through any small hole while preserving its volume.

73 2 Symplectic Capacities

74 Gromov's nonsqueezing theorem gave rise to the following definition which is due to Ekeland and Hofer.
 75 A **symplectic capacity** is a functor c which assigns to every symplectic manifold (M, ω) a nonnegative
 76 (possible infinite) number $c(M, \omega)$ and satisfies the following condition.



77 • **(monotonicity)** If there is a symplectic embedding $(M_1, \omega_1) \hookrightarrow (M_2, \omega_2)$ and $\dim M_1 = \dim M_2$
 78 then $c(M_1, \omega_1) \leq c(M_2, \omega_2)$.

79

80 • **(conformality)** $c(M, \lambda\omega) = \lambda c(M, \omega)$.

81

82 • **nontriviality** $c(B^{2n}(1), \omega_0) > 0$ and $c(Z^{2n}(1), \omega_0) < \infty$.

83 From this definition, it isn't clear that capacities exist. However, the existence of a symplectic capacity
 84 with

$$c(B^{2n}(1), \omega_0) = c(Z^{2n}, \omega_0) = \pi$$

85 is equivalent to Gromov's nonsqueezing theorem. How so? If there is such a capacity then, by the
 86 monotonicity, the ball $B^{2n}(1)$ cannot be symplectically embedded in $Z^{2n}(R)$ unless $R \geq 1$. Conversely,
 87 define the **Gromov width** of a symplectic manifold (M, ω) by

$$w_G(M, \omega) = w_G(M) = \sup\{\pi r^2 \mid B^{2n}(r) \text{ embeds symplectically in } M\}.$$

88 The associated invariant $\sup\{\pi r^2 \mid B^{2n}(r) \text{ embeds symplectically in } M\}$ is often called the symplectic
 89 radius. The Gromov width clearly satisfies the monotonicity and conformality axioms and satisfies the
 90 nontriviality axiom by the Nonsqueezing theorem.

91 **Example 2.1.** $w_G(B^{2n}(1)) = \pi$.

92 **Example 2.2.** $w_G(S^2(\pi r^2) \times \mathbb{T}^{2n}(\pi R^2)) = \pi r^2$.

93 There are other important capacities such as the Hofer-Zehnder capacity c_{HZ} , the Ekeland-Hofer
 94 capacity c_{EH} and the embedded contact homology capacity c_{ECH} . But I think we run out of time....

95 References

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