

3-MANIFOLDS

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APRIL 4TH, 2016

1. SPHERE THEOREM

Lemma (Lemma 1). *If Σ is an embedded S^2 in a 3-manifold M and $[\Sigma] = 0$ in $\pi_2(M)$, then Σ bounds a homotopy 3-ball.*

Proof. Let \tilde{M} be the universal cover of M . Then we get the following diagram

$$\begin{array}{ccc} & & \tilde{M} \\ & \nearrow \tilde{f} & \downarrow \\ \Sigma & \xrightarrow{f} & M \end{array}$$

where \tilde{f} is a lift of f . Then, $\pi_2(\tilde{M}) = \pi_2(M)$ and the Hurewicz theorem gives $\pi_2(\tilde{M}) = H_2(\tilde{M})$. So, there is some lift $\tilde{\Sigma}$ of Σ to \tilde{M} that is nullhomologous. Therefore, $\tilde{\Sigma}$ must bound a compact 3-submanifold \tilde{N} . By rechoosing $\tilde{\Sigma}$, we can assume \tilde{N} contains no other lift of Σ . Van-Kampen's theorem implies $\pi_1(\tilde{M}) = \pi_1(\tilde{N}) * \pi_1(N') = \{1\}$ since $\tilde{N} \cap N' = S^2$. Because \tilde{N} is simply connected, \tilde{N} is a homotopy 3-ball.

$\tilde{N} \rightarrow N \subseteq M$ is a 1 sheeted cover so N is a homotopy 3-ball. □

Lemma (Lemma 2). *If Σ is a 2-sided $\mathbb{R}P^2 \subseteq M$ and $\tilde{\Sigma} \rightarrow \Sigma$ is the orientation double cover, then $[\tilde{\Sigma}] \neq 0$ in $\pi_2(M)$.*

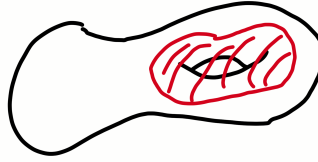
Proof. Suppose otherwise. Then, we get a commuting diagram where the top row consists of orientation double covers.

$$\begin{array}{ccc} \tilde{\Sigma} & \xrightarrow{\tilde{f}} & \tilde{M} \\ \downarrow & & \downarrow p \\ \Sigma & \xrightarrow{f} & M \end{array}$$

p_* is a π_2 isomorphism. Suppose $[\tilde{f}] = 0$ in $\pi_2(\tilde{M})$. Lemma 1 gives a homotopy 3-ball $\tilde{N} \subseteq \tilde{M}$ with $\partial\tilde{N} = \tilde{\Sigma}$. Let $N = p(\tilde{N})$. Then, $\partial N \cong \mathbb{R}P^2$, contradicting half lives-half dies. □

Proposition 1.1. *If the sphere theorem holds for compact 3-manifolds with incompressible (or empty) boundary, then the sphere theorem holds.*

Proof. Suppose $f : S^2 \rightarrow M$ is nontrivial in $\pi_2 M$ and simplicial. Let M_0 be a regular neighborhood of $f(S^2)$. If some ∂ -component of M_0 is not π_1 -injective (i.e. incompressible in M), compress the boundary until it is.



Compressing outward is fine. Suppose ∂M_0 compresses inward.



Compressing along the compression disk shows, $M_0 \simeq A_1 \vee A_2$ where at least one of the A_i has nontrivial π_2 and $f = (\alpha, \beta) \in \pi_2(A_1) \oplus \pi_2(A_2)$. Here, either $\alpha \neq 0$ or $\beta \neq 0$. Assume $\alpha \neq 0$. Then, we can replace f by α and M_0 by A_1 (this may change the element of $\pi_2(M)$ but we only care that the element is nontrivial).

Finitely many compressions are used to give M_1 with π_1 -injective ∂ . Cap off 2-sphere boundaries with homotopy 3-balls to get M_2 if the sphere is trivial in π_2 . Otherwise, stop: we have found an embedded essential 2-sphere/

Assuming the sphere theorem for compact manifolds with incompressible boundary, we want to find $S^2 \cong \Sigma \subseteq M_2$ so $[\Sigma] \neq 0$ in $\pi_2(M_2)$.

Claim: $[\Sigma] \neq 0$ in $\pi_2(M)$.

Proof of claim: If $[\Sigma] = 0$ in $\pi_2(M)$, there is (by Lemma 1), an embedding $(B^3, \partial B^3) \xrightarrow{\varphi} (M, \Sigma)$ which has image not entirely in M_2 where B is a homotopy 3-ball. But, $\varphi(B)$ cannot contain any ∂ -component of M_2 , so $\varphi(B) \subseteq M_2$. \square

Compact manifolds are nice to work with because the structure of the fundamental group is reflected in large scale properties of the universal cover.

Ends: Let X be a locally compact metric space and let $K \subseteq L$ be compact subsets of X . We get a map $\pi_0(X \setminus L) \rightarrow \pi_0(X \setminus K)$.

Define

$$\text{Ends}(X) := \varprojlim \{ \pi_0(X \setminus L) \rightarrow \pi_0(X \setminus K) \}$$

and

$$e(X) := \sup \{ \# \text{ of unbounded components of } S \setminus K \mid K \text{ compact} \}$$

Then, $\text{Ends}(X)$ is infinite if and only if $e(X)$ is infinite. Otherwise, $e(X) = \# \text{Ends}(X)$.

Example. 1. If X is compact, then $\text{Ends}(X) = \emptyset$.

2. $\text{Ends}(\mathbb{R}) = \{ \pm \infty \}$ and $e(\mathbb{R}) = 2$.

3. $\text{Ends}(\text{Regular 3-valent tree}) = \text{Cantor set}$.

4. $e(\mathbb{R}^2) = 1$.

We will show that, if M is compact and $\pi_2(M) \neq 0$, then $e(\tilde{M}) \geq 2$.

Exercise 1.1. 1. If X is simplicial, then $e(X) = e(X^{(1)})$.

2. If Γ_1 and Γ_2 to locally finite graphs, both of which admit proper, cocompact G -actions, then $e(\Gamma_1) = e(\Gamma_2)$. So, for G finitely generated, $e(G) := e(\text{Cayley graph of } G)$ is well-defined.