

# 3-MANIFOLDS

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## 1. THURSTON NORM

Recall we defined the complexity of a surface  $S$  in a 3-manifold as

$$\chi_-(S) = \Sigma\{\max\{0, -\chi(S')\} : S' \text{ is a component of } S\}.$$

Let  $N \subset \partial M^3$  be a subsurface. Then we defined the **Thurston Norm**  $x : H_2(M, N; \mathbb{Z}) \rightarrow \mathbb{Z}$  by

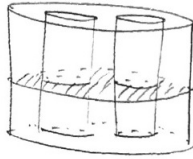
$$x(\alpha) = \min\{\chi_-(S) : [S] = \alpha\}.$$

Now we define

**Definition.**  $(S, \partial S) \subset (M, N)$  is **essential** if

- (i)  $S$  has no compressing disks
- (ii)  $S$  has no boundary compressing disks into  $N$
- (iii)  $S$  is not a 2-sphere bounding a homotopy 3-ball
- (iv)  $S$  is not a disk bounding a homotopy 3-ball together with a disk in  $N$  (i.e.  $S$  is not  $N$ -parallel)

**Example.**  $F$  a surface,  $M = F \times I$ ,  $N = \partial F \times I$ . Then  $F \times \{1/2\}$  is essential in  $(M, N)$ , but inessential in  $(M, \partial M)$ .



**Lemma.**  $\alpha \in H_2(M, N)$  is represented by a norm-minimizing essential surface.

**Proof.** Proof left as an exercise. □

Now we return to proving the properties of the function  $x : H_2(M, N) \rightarrow \mathbb{Z}$  which make it a semi-norm.

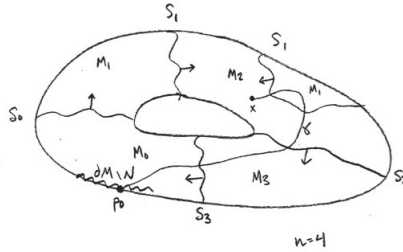
- (i)  $x(\alpha) \in \mathbb{Z}_{\geq 0}$  for all  $\alpha \in H_2(M, N)$
- (ii)  $x(n\alpha) = |n|x(\alpha)$  for all  $\alpha \in H_2(M, N), n \in \mathbb{Z}$
- (iii)  $x(\alpha + \beta) \leq x(\alpha) + x(\beta)$  for all  $\alpha, \beta \in H_2(M, N)$ .

**Proof.**

- (i) Proved last time.

- (ii)  $x(n\alpha) \leq |n|x(\alpha)$  is clear because  $n$  times any representative of  $\alpha$  will be a representative for  $n\alpha$ . Now we want to show  $x(n\alpha) \geq |n|x(\alpha)$ . We begin by choosing  $(S, \partial S)$  representing  $n\alpha$ . Pick a basepoint in  $p_0 \in M \setminus S$ . If  $\partial M \setminus N \neq \emptyset$ , then choose  $p_0 \in \partial M \setminus N$ . We define  $f : M \setminus S \rightarrow \mathbb{Z}/n\mathbb{Z}$  by

$$f(x) = \text{intersection number of } \gamma \cap S \text{ for any arc } \gamma \text{ from } p_0 \text{ to } x$$



If  $\varphi$  is Poincaré dual to  $S$ , then  $f(x) = \varphi(\gamma) \pmod n$ . Define, for  $i \in \mathbb{Z}/n\mathbb{Z}$ ,  $M_i = \overline{f^{-1}(i)}$ .

**Claim:** If  $(\partial M \setminus N) \cap M_i \neq \emptyset$ , then  $i = 0$ . Proof: Let  $\gamma$  be an arc joining  $p_0$  to  $(\partial M \setminus N) \cap M_i$ . Then  $\gamma$  is a cycle in  $H_1(M, \partial M \setminus N)$ , so  $\varphi(\gamma) = \langle n\alpha, \gamma \rangle = n\langle \alpha, \gamma \rangle \equiv 0 \pmod n$ . Therefore  $i = 0$ .

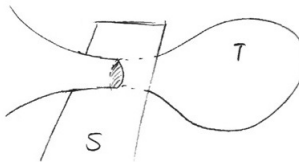
For each  $i$ , we define  $S_i$  as  $M_{i+1} \cap M_i$ . Then for each  $i$  we have  $S_i \sqcup -S_{i-1} \subseteq \partial M_i$ . For  $i \neq 0$ ,  $\partial M_i \setminus N = S_i \sqcup -S_{i-1}$ . Since the  $S_j$  and  $S_{j+1}$  bound  $M_j$  for all  $j$  we have

$$[S_0] = [S_1] = \cdots = [S_{n-1}]$$

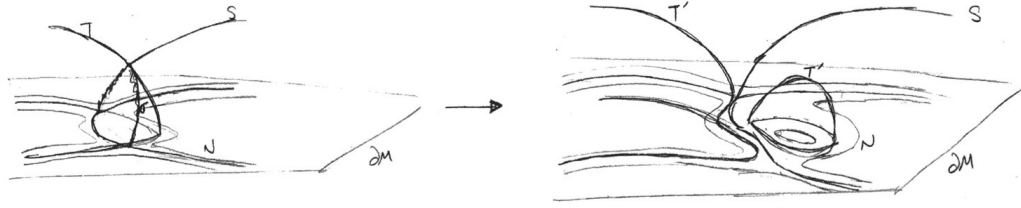
and so each  $[S_i] = \alpha$  since  $\Sigma[S_i] = [n\alpha]$ . Therefore  $x(n\alpha) \geq |n|x(\alpha)$ , as desired.

- (iii) Let  $\alpha = [S, \partial S]$  and  $\beta = [T, \partial T]$  for essential, norm-minimizing  $S$  and  $T$ . We can assume by a small isotopy that  $S$  and  $T$  are transverse to each other. First we will do a surgery to get  $S \cap T$  essential in both  $S$  and  $T$ :

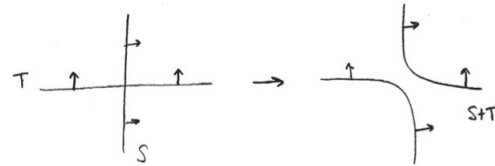
Suppose  $\gamma \subset S \cap T$  is an innermost loop bounding a disk in  $S$ . Since  $T$  is essential,  $\gamma$  must also bound a disk in  $T$ . Surger and remove this 2-sphere component from  $T$  (we assume that  $M$  is irreducible so this doesn't change the complexity of  $T$ ). This will reduce the number of components of  $S \cap T$ .



Now suppose  $\sigma$  is an arc of  $S \cap T$  which is inessential in  $S$ . Since  $T$  is essential in  $(M, N)$ ,  $\sigma$  is inessential in  $T$ .  $\gamma$  along with an arc  $a_S$  in  $N$  bounds a disk in  $S$ , and with an arc  $a_T$  in  $N$  bounds a disk in  $T$ . We surger  $T$  to remove  $\gamma$ , creating a new component of  $T$  which is a disk with boundary in  $N$ .



Now every component of  $S \cap T$  is essential in both. Let  $S + T$  be the surface obtained by doing a double-curve sum:



Then  $\chi(S + T) = \chi(S) + \chi(T)$ , so the complexity can only change if new disks or spheres were formed. They aren't because the intersections were along essential arcs and loops. Thus  $x(\alpha + \beta) \leq x(\alpha) + x(\beta)$ , as desired.

□