# A Proof of a $L^{1/2}$ Ergodic Theorem

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The aim of this note is to give a proof of the following result:

**Theorem 1** Let T be a measure preserving transformation of the probability space  $(\Omega, \mathcal{A}, m)$ , and  $f : \Omega \mapsto \mathbb{R}$  be such that  $\int \sqrt{|f|} < \infty$ . Then, for m almost every  $\omega \in \Omega$ :

$$\lim_{N \to \infty} \frac{1}{N^2} \sum_{n=0}^{N-1} f(T^n \omega) = 0.$$
 (1)

In the case of independent random variables with the same law in  $L^{1/2}$ , Theorem 1 is a case of the Marcinkiewicz-Zygmund theorem. In general actually, a stronger Theorem says that the same limit holds with identically distributed variables (not necessary stationary), see [4], Corollary page 165<sup>1</sup>. We want to present how Theorem 1 follows from a general Noncommutative Ergodic Theorem. We may, without loss of generality, assume that the transformation T is ergodic and invertible.

### 0.1 General Ergodic Theorems.

Let (X, d) be a metric space such that closed bounded sets are compact. Fix a basepoint  $x_0 \in X$ . Let

$$\Phi: X \to C(X)$$

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be defined by  $x \mapsto d(x, \cdot) - d(x, x_0)$  and where the topology on the space of continuous functions C(X) is uniform convergence on compact sets. It can be checked that  $\Phi$  is a continuous injection, and we identify X with its image. Let  $H = \overline{\Phi(X)}$ . It is easy to verify that H is a compact and metrizable space. The points in  $H \setminus \Phi(X)$  are called *horofunctions* (based at  $x_0$ ).

The action by Isom(X, d) on X extends continuously to an action by homeomorphisms of H and is given by

$$g.h(x) = h(g^{-1}x) - h(g^{-1}x_0).$$

See [3] and the references therein for more information.

Suppose now that  $A : \Omega \mapsto Isom(X)$  is a measurable map such that  $\int d(x_0, A(\omega)x_0)dm(\omega) < \infty$ . Form the product

$$A^{(N)}(\omega) = A(\omega) \circ A(T\omega) \circ \cdots \circ A(T^{N-1}\omega).$$

By the Subadditive Ergodic Theorem, we know that there is a number  $\alpha \geq 0$  such that, for *m* almost every  $\omega \in \Omega$ ,

$$\lim_{N \to \infty} \frac{1}{N} d(x_0, A^{(N)}(\omega) x_0) = \alpha.$$
(2)

On the other hand, by the law of large numbers from [3], we know that, for m almost every  $\omega \in \Omega$ , there is a horofunction  $h_{\omega} \in H$  such that

$$\lim_{N \to \infty} \frac{1}{N} h_{\omega}(A^{(N)}(\omega)x_0) = -\alpha.$$
(3)

#### 0.2 Heisenberg space.

We are going to apply the above results with  $X = \mathbb{R}^3$ . To define the metric and the isometries, we think of X as a group with the product law defined by

$$(x, y, z)(x', y', z') = (x + x', y + y', z + z' + 2(yx' - xy')).$$

Then the norm  $||(x, y, z)|| = (x^4 + 2x^2y^2 + y^4 + z^2)^{1/4}$  is subadditive ([2]). Indeed, setting u = x + iy, u' = x' + iy', we can rearrange  $||(x, y, z)(x', y', z')||^4$  as:

$$\begin{aligned} |u|^4 + z^2 &+ 4(|u|^2 \operatorname{Re} u\overline{u'} + z \operatorname{Im} u\overline{u'}) + \\ &+ 4(\operatorname{Re} u\overline{u'})^2 + 4(\operatorname{Im} u\overline{u'})^2 + 2|u|^2|u'|^2 + 2zz' + \\ &+ 4(|u'|^2 \operatorname{Re} u\overline{u'} + z' \operatorname{Im} u\overline{u'}) + |u'|^4 + z'^2 \\ &\leq |u|^4 + z^2 &+ 4\sqrt{|u|^4 + z^2}|u||u'| + \\ &+ 6(|u|^2|u'|^2 + \frac{zz'}{3}) + 4\sqrt{|u'|^4 + z'^2}|u||u'| + |u'|^4 + z'^2 \end{aligned}$$

The sum of the last two lines is term by term not bigger than

$$((|u|^4 + z^2)^{1/4} + (|u'|^4 + z'^2)^{1/4})^4,$$

which is  $(||(x, y, z)|| + ||(x', y', z')||)^4$ .

Therefore the following formula

$$d((x, y, z), (x', y', z')) = ||(x, y, z)(x', y', z')^{-1}||$$

defines a metric on X, which is invariant under right translations. The space (X, d) is proper. By direct examination, one finds, setting  $x_0 = (0, 0, 0)$ :

**Proposition 2** The space of horofunctions of (X, d) is a 2-sphere with North and South poles identified. It can be parametrized by  $\{(\theta, \beta), \theta \in [-\pi, \pi), \beta \in \mathbb{R}\} \cup \{\infty\}$ , as follows:

$$h_{\theta,\beta}(x,y,z) = -\frac{x\cos\theta + y\sin\theta}{(1+\beta^2)^{3/4}} - \frac{\beta(y\cos\theta - x\sin\theta)}{(1+\beta^2)^{3/4}}$$

and  $h_{\infty}(x, y, z) = 0$ . Indeed,  $\Phi(u, v, w) \rightarrow h_{\theta,\beta}$  if, and only if,

$$\frac{u}{\sqrt{u^2 + v^2}} \to \cos\theta, \frac{v}{\sqrt{u^2 + v^2}} \to \sin\theta, \frac{w}{u^2 + v^2} \to \beta,$$

and  $\Phi(u, v, w) \to 0$  if, and only if,  $\frac{|w|}{u^2 + v^2} \to \infty$ .

## 0.3 Proof of Theorem 1.

Let  $A : \Omega \mapsto Isom(X)$  be such that  $A(\omega)$  is the right translation by  $(1, 1, f(\omega))$ . We have

$$\int d(x_0, A(\omega)x_0) dm(\omega) = \int (4+f^2)^{1/4} < \infty.$$

Then,  $A^{(N)}(\omega)$  is the right translation by  $(N, N, \sum_{n=0}^{N-1} f(T^n \omega))$ . Set  $S_N(\omega) = \sum_{n=0}^{N-1} f(T^n \omega)$ . By (2), there is a number  $\alpha$  such that, for m almost every  $\omega \in \Omega$ ,

$$\lim_{N} \frac{1}{N} (4N^4 + S_N(\omega)^2)^{1/4} = \alpha.$$

On the other hand, by (3) and Proposition 2, for m almost every  $\omega \in \Omega$ , there is  $\theta(\omega), \beta(\omega)$  such that:

$$-\frac{(\cos\theta(\omega)+\sin\theta(\omega))}{(1+\beta(\omega)^2)^{3/4}}-\frac{\beta(\omega)(\cos\theta(\omega)-\sin\theta(\omega))}{(1+\beta(\omega)^2)^{3/4}}=-\alpha.$$

The horofunction  $h_{\infty}$  is impossible since, from the first equation,  $\alpha \geq \sqrt{2} > 0$ . The second equation yields that there are  $\theta$  and  $\beta$  such that

$$\alpha = \sqrt{2} \left( \frac{\cos(\theta - \pi/4)}{(1 + \beta^2)^{3/4}} - \frac{\beta \sin(\theta - \pi/4)}{(1 + \beta^2)^{3/4}} \right)$$

Set  $\beta = \tan \varphi$ , for some  $\varphi \in \left(-\frac{\pi}{2}, \frac{\pi}{2}\right)$ . Then  $\alpha = \sqrt{2\cos\varphi}\cos(\theta + \varphi - \frac{\pi}{4})$ . Since  $\alpha \geq \sqrt{2}$ , this is possible only if  $\alpha = \sqrt{2}$  (and then  $\theta = \frac{\pi}{4}, \varphi = 0$ ). Therefore, for *m* almost every  $\omega \in \Omega$ ,  $\lim_{N} \frac{1}{N} \left(4N^4 + S_N(\omega)^2\right)^{1/4} = \sqrt{2}$ and the term  $\frac{1}{N^4} S_N^2$  does not contribute to the limit. This is the statement of Theorem 1.

## References

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